

...visiting the goddess
of food and nourishment



alpgehnuss.ch

Bahundanda

Rice terraces



alpgehnuss.cn

Dashain

Bamboo swing





alpgehruss.ch

Shyange

Suspension bridge



Finger millet

Eleusine coracana



Taro plant

Colocasia esculenta

alpegehnuss.ch

Jagat

Corn drying



alpgehnuess.ch

Tal





alpgehnuess.ch

Karte-Chyopiu

alpgehnuss.ch

0851111111

Karte-Chyopiu

Suspension bridge



alpgehnuess.ch



Timang

Heavily laden carrier



Tibetan Mastiff

Do-Khyi

alpgehnuss.ch

alpgehnuss.ch

Chame

Sunset

alpgehnuss.ch
alpgehnuss.ch

Chame

Lamjung Himal 6983m



alloghehnuss.ch

Teahouse kitchen



alpehnu.ch

Chame

Entrance shrine

THORONG PASS

Hour / M

MUSTANG

Tilicho Lake 5200m



alpgeh...nuss.ch

BRAKA — KHANGSAR	- 1.50
MANANG — KHANGSAR	- 1.45
KHANGSAR — TARE MONASTERY	- 1.00
TARE MONASTERY — TILICHO BASE CAMP HOTEL	- 3.50
TILICHO BASE CAMP HOTEL — TILICHO LAKE	- 3.00
TILICHO LAKE — MESOKANTA PASS	- 2.00
MESOKANTA PASS — JOMSOM	- 6.00
TILICHO BASE CAMP — YAK KHARKA	- 7.00



TILICHO BASE CAMP HOTEL



For Trekker's convenience & comfort furnishe with 50 beds & ala-carte menu restaurant
 comfortable camping site at a reasonable price come & visit the world's highest lake .

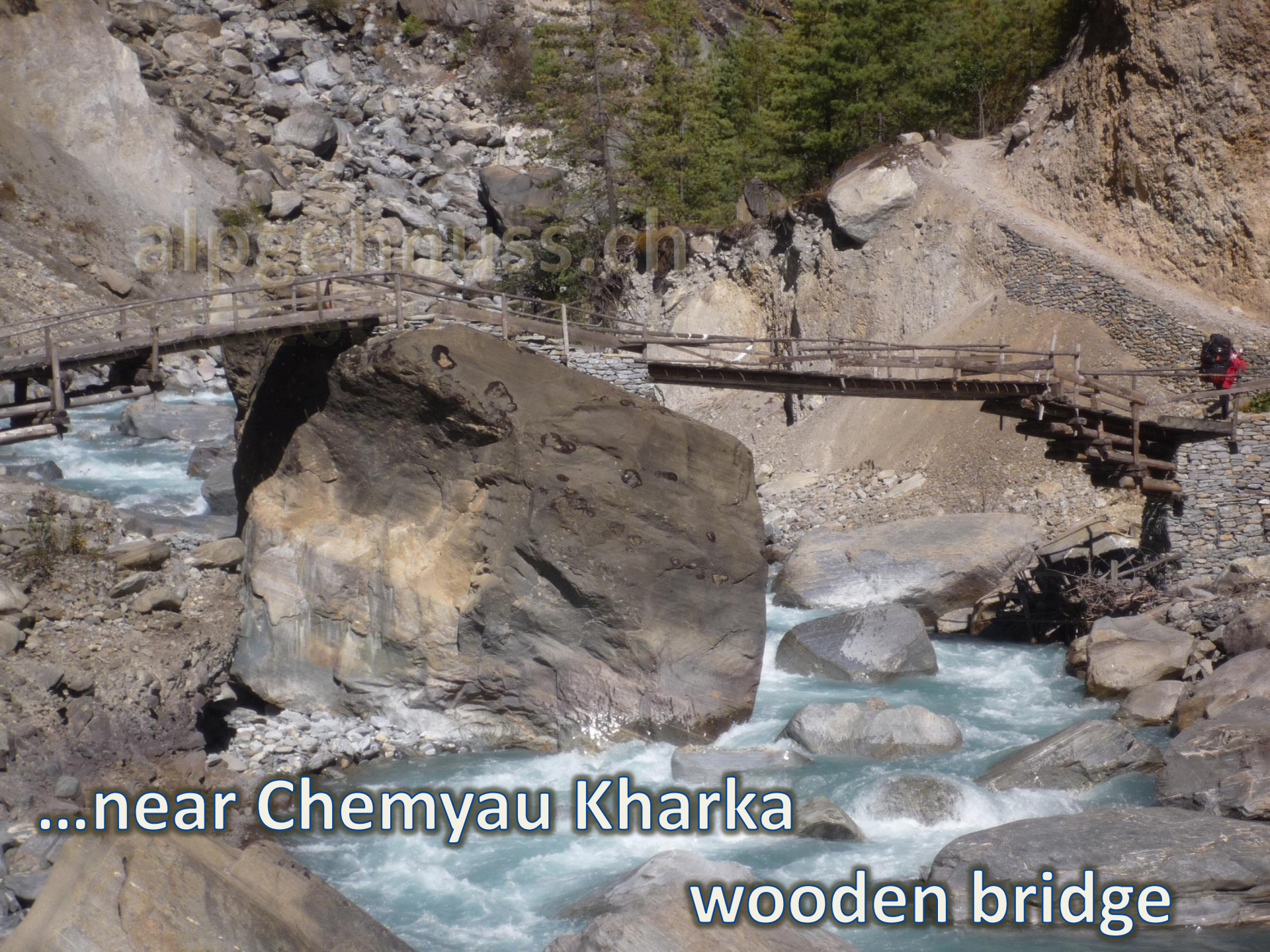
Bratang

Trekking time data

alpengelb.ch

...near Chemyau Kharka

wooden bridge





Marsyangdi valley
adventurous roadworks

alpgehnuss.ch
sib8.und22.cu

Dhikur Phokari

Annapurna II 7937m



alpgehnuess.ch

...near Lower Pisang



alpgehnuss.ch

Upper Pisang



Upper Pisang

Monastery interior



lps@ohnuss.ch

Pisang

Goats

alpgehnuss.ch

910661110

Lower Pisang

Annapurna II und IV



alpegehnuss.ch

Lower Pisang - Ghyaru

alpguhtn.ch
gib...

Ghyaru

Stupa



alpgehnuss.ch
gib&e unss'cu

Ghyaru

Annapurna III 7555m

alpgehnuss.ch

Ngawal

Annapurna III

alpgehnuss.ch
gib&gummtz.ch

Ngawal

Pisang Peak 6091m



alpgehn.ch
gungun22.cu

Ngawal

Prayer wheels



alpgehnuss.ch

gib8euvu27:3u

Humde

Annapurna Himal

alpgehnuss.ch

Manang

Marsyangdi Nadi, Annapurna II, IV

alpgehnuss.ch

LATO HIGH ALT. 7m
CARAVAN
PROTECTOR HALL

Manang

Village square



alpgehnuss.ch

Manang

Ganggapura Tal



**Manang, Chingkor view point
giving an offering to God**

alpechmuss.ch

Manang

Ganggapurna 7454m





Manang

Outdoor abattoir

alpgehnussch
sibseun22u



Braga

Monastery

alpagehnuss.ch

Ghusang

Annapurna III, Ganggapurna



alpgehntuss.ch

Ghyanchang

Annapurna III

alpgehnuess.ch

Upper Yak Kharka

Tea house





alpgenuss.ch

Ledar

Annapurna II, IV



alpgehnuss.ch

ascent to Thorong Pedi



alpgehnuss.ch
alpgehnuss.ch

ascent to the Thorong La



alpgehnuss.ch

ascent to the Thorong La

alpgehnuss.ch
gibεu??:cu



Dri (Yak)

Bos mutus

A wide-angle photograph of a snowy mountain landscape. A path of footprints leads from the foreground into the distance, winding through snow-covered hills and valleys. In the background, several jagged mountain peaks are visible under a clear blue sky. The sun is shining brightly from the upper left, creating a lens flare effect. The overall scene is bright and clear, suggesting a high-altitude winter or spring setting.

alpgehnuss.ch

ascent to the Thorong La



alpgehnuss.ch
subalpine

Thorong La 5416m

Thorong Peak 6144m

alpgehnuss.ch
91b86uun22'cu

Chaharu PEDI 4172m





alpgehnu.sch

Muktinath

Temple area



aloehnuss.ch

Muktinath

Temple area

alpgehnuess.ch

Muktinath, Muktinath Himal

alpgehnuss.ch
9108600022°CU

Khingar

Tawa and Purkung Himal

A photograph of a rugged, arid mountain landscape. The terrain is characterized by steep, eroded slopes and a central valley. The colors are muted, ranging from light tan to dark grey. A watermark 'alpgehnuss.ch' is visible in the upper left quadrant.

alpgehnuss.ch

...above Kagbeni

abandoned settlement



anpgehnuss.ch

Kagbeni

'Gate to Mustang'



Kagbeni

Monastery, monk pupils



Sutras reciting

alpgohrnuss.ch

...above Jomson

Kali Gandaki



Millet winnowing

alpgehnuss.ch

Phokara

Lake Phewa, Machhapuchhre 6997m



alpgehnuss.ch

Phokara valley

Begnas Tal



alpgehnuss.ch

'Nandi-mount of Shiva'



Kathmandu, Pashupatinath

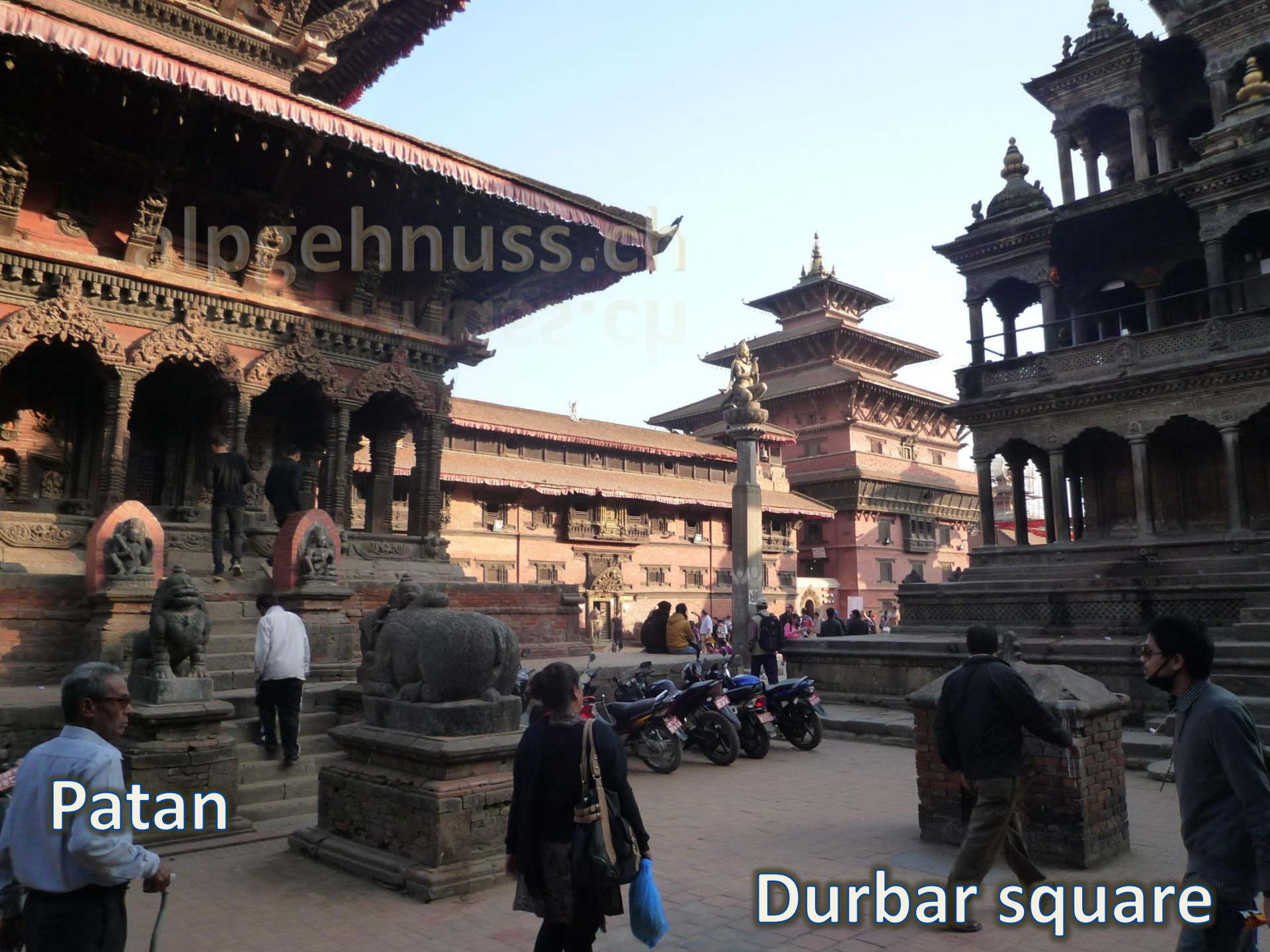
Groupe of sādhvī



alpgehn
sinfel

Kathmandu

Svayambunath



logehnu.ss.ch
22'cy

Patan

Durbar square



alpgehnuss.ch
08650

Tanka painting



alpgehnuss.ch

