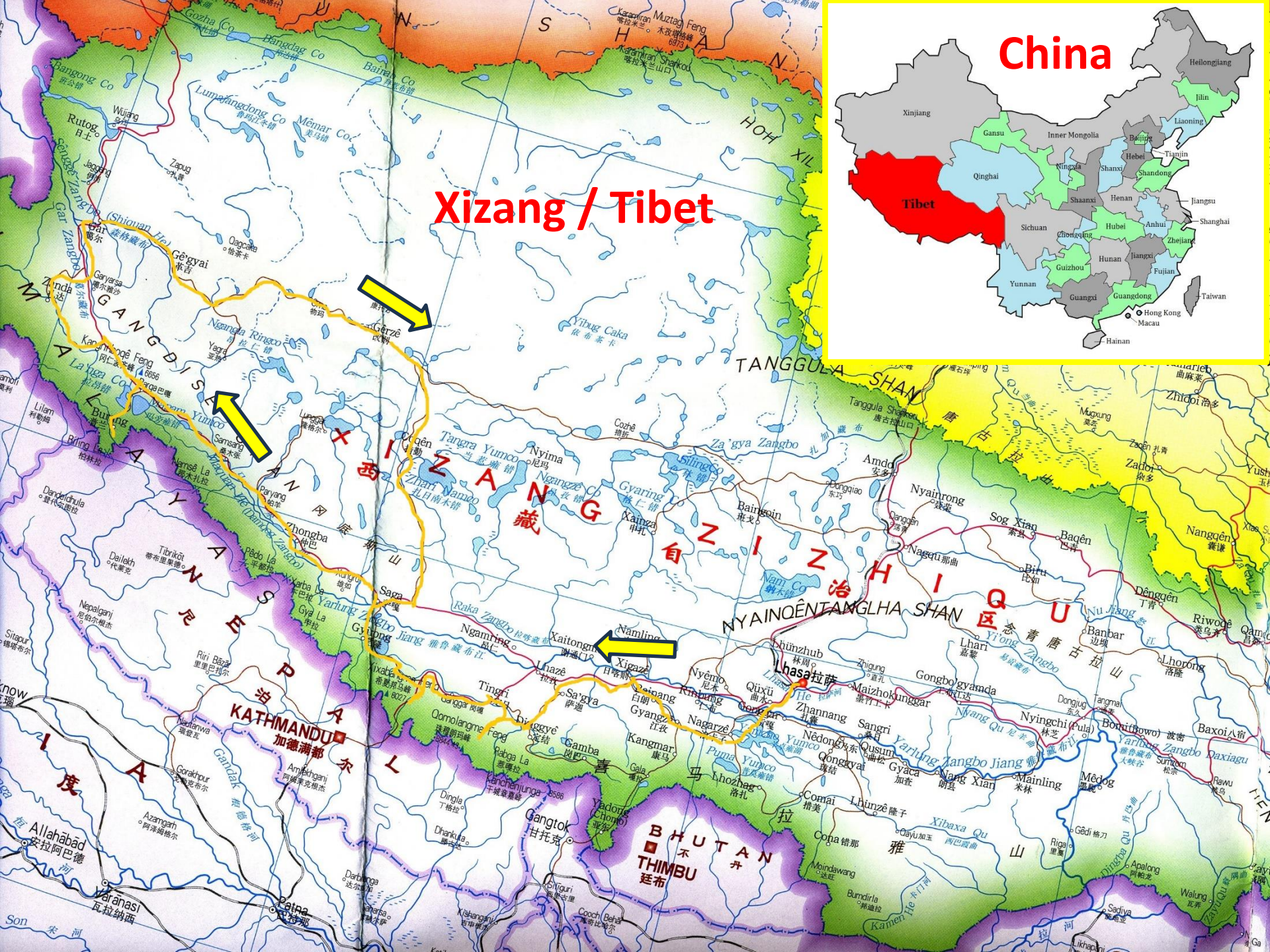




# Sitting on the roof of the world

People's Republic of China; Xizang Autonomous Region





# Xizang / Tibet



# China

Tibet

KATHMANDU  
加德满都

BHUTAN  
不丹  
THIMBU  
廷布

NYAINQENTANGLHA SHAN 区  
念青唐古拉山

TANGGULA SHAN  
唐古拉山

GANGDISI  
冈底斯山

INDIA  
印度

Son 宋河

Yarlung Zangbo  
雅鲁藏布江

Nepal(gani)  
尼泊尔

Garma  
格玛

Garma  
格玛

Garma  
格玛

Garma  
格玛

Garma  
格玛

Garma  
格玛

Gangtok  
甘托克

Yadong  
亚东

Xitong  
喜通

Ngamling  
衮芒

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Gongbo gyamda  
工布江达

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Gongbo gyamda  
工布江达

Nyingchi (fulu)  
尼玛

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Son 宋河

Allahabad  
安拉阿巴德

Varanasi  
瓦拉纳西

Sitapur  
锡塔普尔

Dandeldhula  
丹代尔杜拉

Biring  
布林格

Lilam  
利拉姆

Garma  
格玛

Garma  
格玛

Garma  
格玛

Garma  
格玛

Gangtok  
甘托克

Yadong  
亚东

Xitong  
喜通

Ngamling  
衮芒

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Gongbo gyamda  
工布江达

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Gongbo gyamda  
工布江达

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达喜古



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Lhasa 3650m



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Lhasa

Potala dzong / Potala palace





Lhasa

Potala dzong / Potala palace



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Lhasa

Drepung monastery

འདྲེན་གླིང་གི་ལོ་རྒྱུས་ལྟར་གྱི་  
འདྲེན་གླིང་གི་ལོ་རྒྱུས་ལྟར་གྱི་  
保护文物从防火做起  
Trachenkhilwa







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Lhasa

Drepung monastery, Nyingma school





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Lhasa

Drepung monastery





Lhasa

Sera monastery, praying and offering





Lhasa

Sera monastery



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ཉལ་ཤེས་ལྷན་ཁག་གི་ལོ་རྒྱུས་ལྟར་གྱི་ལོ་རྒྱུས་

Lhasa

Sera monastery





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Lhasa

historic centre



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22:00

Lhasa, Barkor

offering juniper besoms











Lhasa

street life





Lhasa

street life





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Taktse / Dechen

Ganden monastery, Gelug school





Taktse / Dechen

Ganden monastery









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gib@guur.ch

Impression

praying flags





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STREIFEN

Kyi Chu / Lhasa river



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Yamdruk Yumtso







allogehres.ch

Gyantse

Pelkhor Choede / Kumbum



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9105601122511

Gyantse (Passage to Gangtok, India)

Dzong / Fortress





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Impression

plouphing by oxen





Impression

residential building architecture





alp@alpinhuss.ch  
+43 664 889 9999

Shigatse

Tashilhunpo monastery





<http://www.bernuess.ch>

Shigatse

Tashilhunpo monastery





**Faces of Yarlung Tsangpo (Brahmaputra)**





agro-pastoralist temporary settlement



agro-pastoralist permanent settlement



A photograph showing the interior of a nomad tent. A small, fluffy white lamb is walking on a wooden plank floor. To the right, there is a wooden table with a large metal pot and a silver teapot on it. The scene is lit by bright sunlight, creating strong shadows. A watermark 'alpgehnuess.ch' is visible in the upper left area.

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Impression

inner nomad tent





Impression



'green fuel'





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Impression

goat with baby





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pura.ch

Impression

herding dogs



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Lang Tso



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gjb&εμπλσζ·cp

Shelkar / New Tingri

Dzong / Fortress







alpgen nuss  
g

Shelkar / New Tingri

Chode monastery





Shelkar / New Tingri



Chode monastery







Shelkar / New Tingri

prayer mills



An aerial photograph of a Tibetan village, likely in the Himalayas. The buildings are white with dark roofs, and many prayer flags are visible on poles. The scene is captured from a high angle, showing the layout of the village and the surrounding landscape. A watermark 'alpgehnuss.ch' is overlaid on the image.

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Shelkar / New Tingri











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916860007

**Kumbu Himal**

**Makalu 8485m, Qomolangma 8848m**



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sibben

**Kumbu Himal**

**Gyachung Kang 7952m**



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**Kumbu Himal**

**Cho Oyu 8188m**





Impression

dung drying



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...near Peruche / Pedruk  
road to the Qomolangma







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Rongbuk 4980m

monastery



A close-up photograph of a yak's head. The yak has thick, shaggy fur in shades of light brown and grey. A large, dark, textured horn is visible on the right side of the head. The yak's eye is partially visible on the left. The background is out of focus, showing more of the yak's fur.

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**Bos mutus**

**Yak**



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**Qomolangma north base camp 5150m**  
(Mount Everest base camp)





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Qomolangma 8848m

north face



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Qomolangma 8848m

Zhagga Qu (River)



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gib8e

Tingri

street life









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aloo  
g



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Impression

laundry day





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Tingri, Kumbu Himal

Cho Oyu 8188m





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## Thong La 5153m, Langtang Himal

Pemthang Karpo Ri 6830m, Nyanang Ri 7119m, Punga Ri 7486m, Phola Gangchen 7703m, Shisha Pangma 8027m, Yebikangai Ri 7365m, Porong Ri 7292m



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...near **Nyalam** (Friendship Highway to Dhulikhel, Nepal)





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Lalung La 5050m





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g1b86uun22'cu



...near Pelkhu Tso

Shisha Pangma 8027m, Porong Ri 7292m





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...near Pelkhu Tso and Dzongka

(Passage to Kathmandu, Nepal)





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**Langtang Himal**

**Shisha Pangma 8027m**





Carbon neutral means of transport



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Herd of semi-nomads



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Mixed herd of yaks and sheep



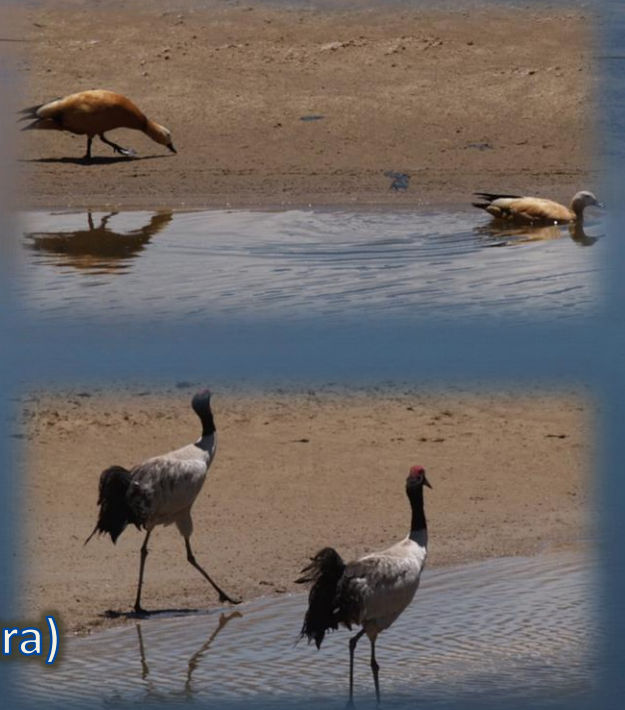






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Young Yarlung Tsangpo (Brahmaputra)







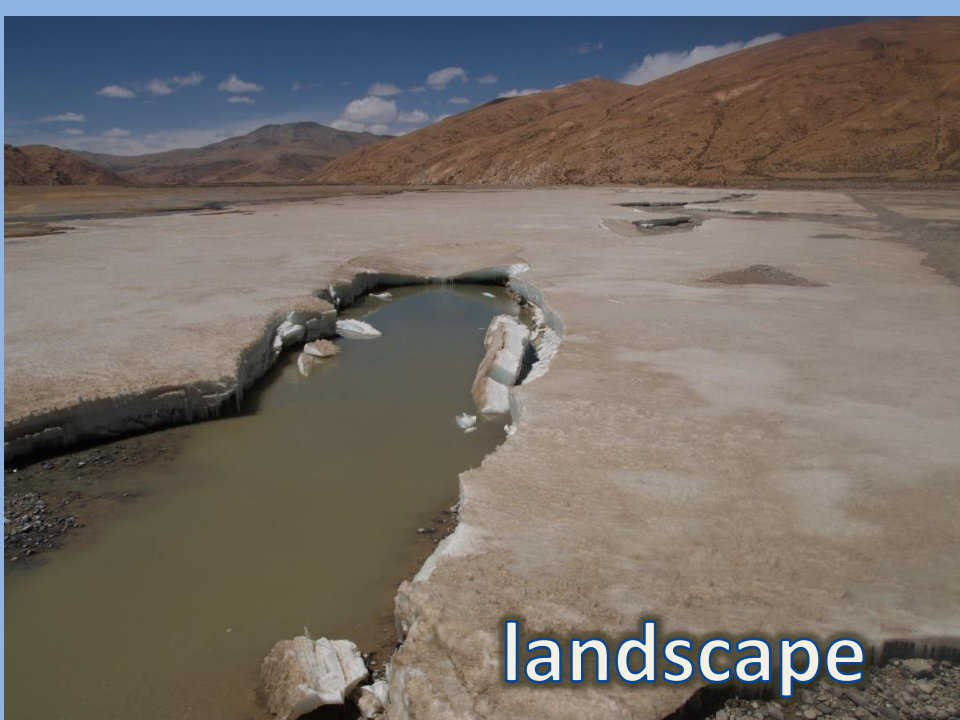
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...near Kyakyaru / Saga





Impression



landscape



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**...between Drongpa and Payang**

**(Passage to Lo Mathang, Nepal) Kanti Himal ~6900m**





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**Taklakot / Purang** (Passage to Simikot, Nepal)

**Mabja Zangbo / Karnali**



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Taklakot / Purang

Tsegu So monastery





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Taklakot / Purang

Tsegu So monastery





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Impression

yakbutter lamps



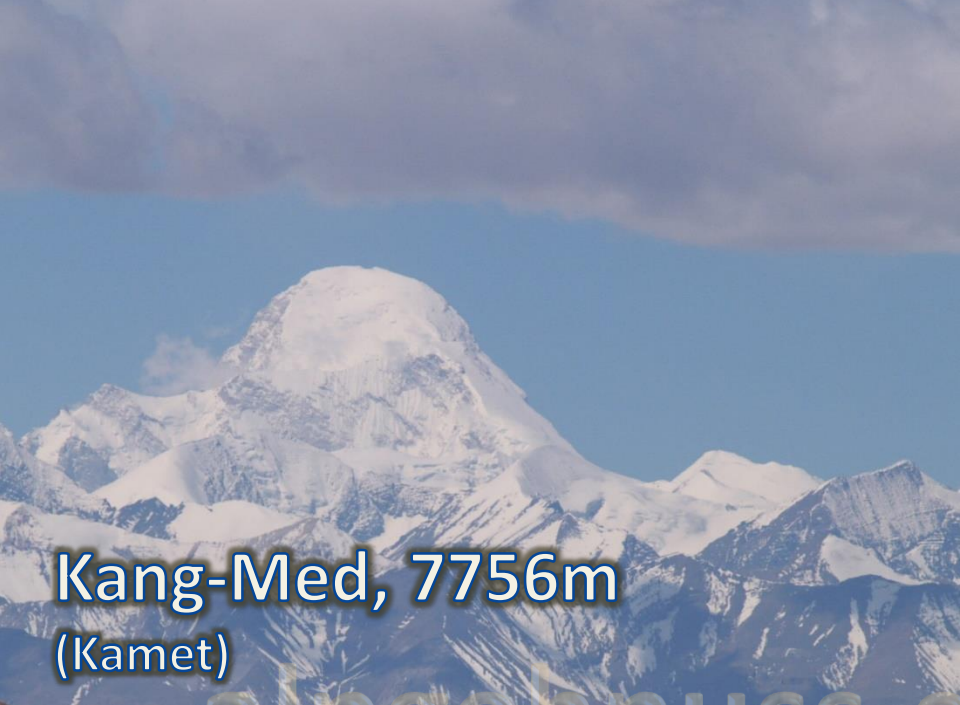
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**Impression**

**yakbutter and tsampa** (roasted barley)





**Kang-Med, 7756m**  
(Kamet)



**Naimona'nyi, 7694m**  
(Gurla Mandhata)



**Kubi Gangri, 6859m** (Kanti Himal)

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gib&6muu022'cu



Gang Rinpoche /  
**Mount Kailash**

Latitude: 30.79851  
Longitude: 81.38157  
Heading: 21.93358  
Alt: 55.33100  
Altitude: 27639m  
Distance: 520.10m  
FOV: 45.00000  
Terrain Elevation: 4718.00 meter

Rakshas Tal

Manasarovar lake



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Manasarovar lake



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Manasarovar lake







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**Rakas Tal**

**Naimona'nyi / Gurla Mandhata 7694 m**







alpgen  
gib86

Darchen

street life







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Darchen

teahouse I



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Darchen

teahouse II







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Darchen

Gyandrak monastery





Darchen

Gyandrak monastery





**Gang Rinpoche 6638 m, south face**

(Mount Kailash)





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**Gang Rinpoche 6638 m, south face**

(Mount Kailash)





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gub&Gubw 2'cu

**Gang Rinpoche Kora, 52 km**

(Mount Kailash tour)

**Yam Dwar / Gate of Salvation**





w byag tor  
(sky burial)

'aims for the birds'





Gang Rinpoche Kora

Lha Chu valley





**Gang Rinpoche Kora**

**mani stone, prayer flags**





Gang Rinpoche Kora

Zhira pug / Dira puk monastery 5080 m





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Gang Rinpoche Kora

Dira puk monastery 5080 m





Gang Rinpoche Kora

Zhira pug, tent camp 5080 m





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Gang Rinpoche Kora

Gang Rinpoche 6638 m, north face





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**Gang Rinpoche Kora**

**Dharama King Norsang 5996, Gang Rinpoche 6638**





Gang Rinpoche Kora

Dölma La 5650 m, Gang Rinpoche 6638m





Gang Rinpoche Kora

Dölma La 5650 m



A wide, rocky valley with a stream flowing through it, surrounded by steep, barren mountains under a clear blue sky. The foreground is dominated by large, grey, angular rocks. The stream is a light blue-grey color, flowing from the left towards the center. In the distance, a small white and green structure is visible on the left side of the valley. The mountains are steep and rocky, with some sparse, dry vegetation. The sky is a clear, bright blue.

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**Gang Rinpoche Kora  
descent to Darchen, Lham Chu valley**





Gang Rinpoche Kora

'supply chain'





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Manasarovar lake





Chorten



Yak horns

Religious symbols



Mani stones



Prayer wheels





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Tirthapuri

Langchan Tsango / Sutlej





Tirthapuri

monastery





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Tirthapuri

monastery





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Tirthapuri 4310 m

hot springs



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Gurugyam

monastery





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Langchan Tsangpo / Sutlej

Garuda valley



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Langchan Tsangpo / Sutlej, Garuda valley







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Langchan Tsangpo / Sutlej

Garuda valley



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Zanda / Tholing

chorten



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Langchan Tsangpo / Sutlej

Garuda valley





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Zanda / Tholing

geology: quartz-porphyry





Tsaparang

dzong / fortress





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**Tsaparang**

**dzong / fortress**



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Tsaparang

Mandala temple







Tsaparang

Langchan Tsangpo, Garuda valley



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Gar valley

Gar Tsangpo / Gartang (by physical geography = Indus River)



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...near Sengge Khabab/Shiquanhe/Ngari/Gar

(Passage to Leh, India)





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# Sengge Zangbo/Sengge Khabab/Shiquan He

(by tradition = Indus River) )





Means of transport with carbon footprint





Zhungba

(on the road G317)

guesthouse





Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)





Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)





Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)





Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)





**Jangtang Plateau**  
(on the road G317)





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**Gertse / Luma Ringbo**  
(on the road G317)



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on the road G317

checkpoint





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...near Gertse / Luma Ringbo

(on the road G317)

Tong Tso, 4440 m





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**...near Mendong / Tsochen / Coqen**

(on the road G216)

**Yutra Tsangpo, camp**



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**Mendong / Tsochen / Coqen**

(on the road G216)

**Yutra Tsangpo**



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91b561012201

on the road G216

Semo La / Sangmu La, 5566 m



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**Dagejia Pohutu**  
(on the road G216)

**Geyser**





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**Dagejia Pohutu**  
(on the road G216)

**Geyser**



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