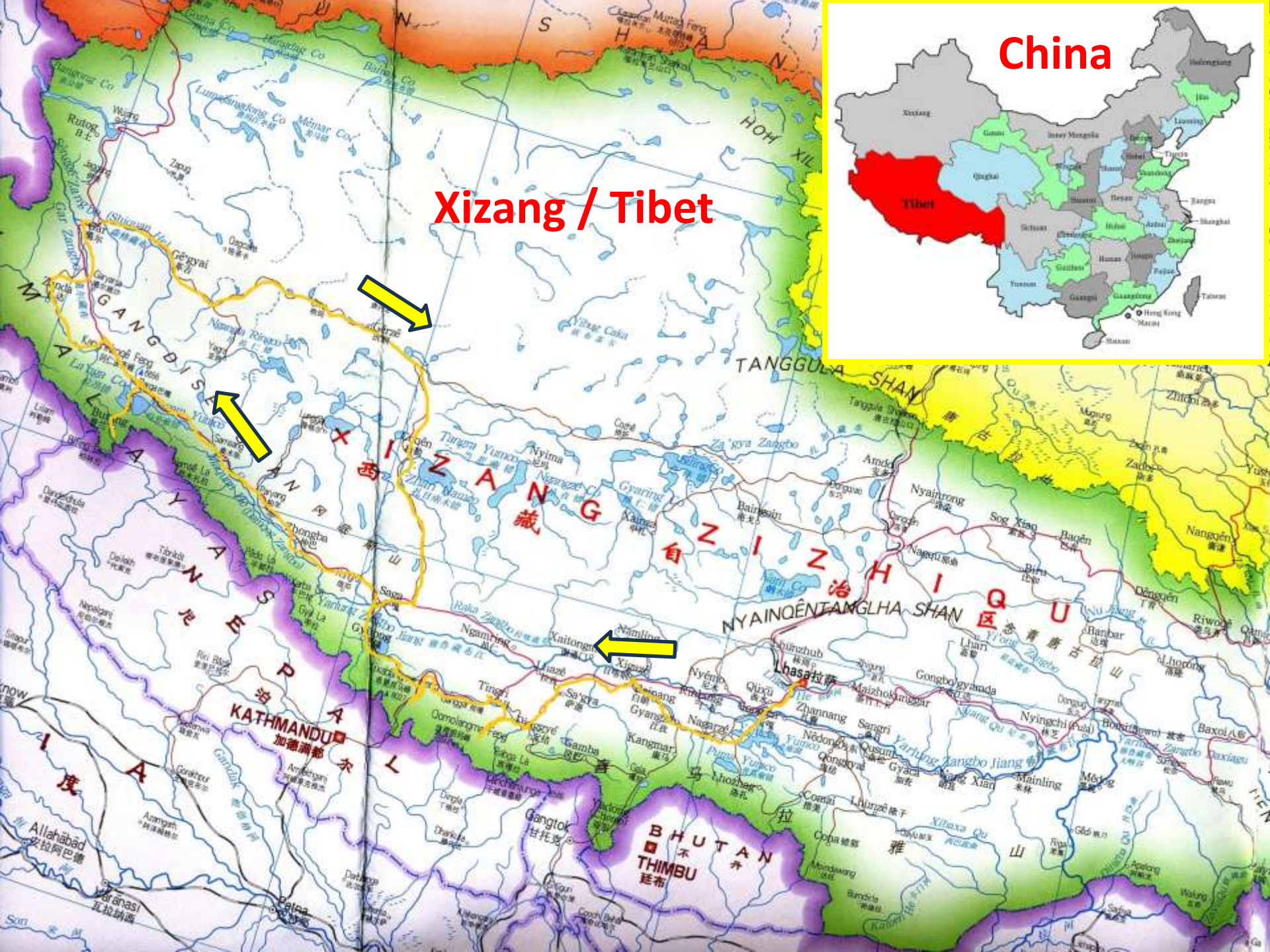




Sitting on the roof of the world

People's Republic of China; Xizang Autonomous Region



Xizang / Tibet

China



alpgehnuss.ch

9166611111111111

Lhasa 3650m

alpgehnuss.ch



Lhasa

Potala dzong / Potala palace



Lhasa

Potala dzong / Potala palace



alpgehn.ch
91686

Lhasa

Drepung monastery



alpgehnuss.ch

Lhasa

Drepung monastery, Nyingma school



alpgehnuss.ch
sub@guun22.ch

Lhasa

Drepung monastery



Lhasa

Sera monastery, praying and offering



Lhasa

Sera monastery



alpgehnuss.ch
gibtsunnas.ch

Lhasa

Sera monastery



Lhasa

historic centre



alpgenuss.ch
22°cp

Lhasa, Barkor

offering juniper besoms



Lhasa

Qoikang monastery / Jokhang temple



Lhasa

street life



Lhasa

street life



alpgehnuss.ch

Taktse / Dechen

Ganden monastery, Gelug school



Taktse / Dechen

Ganden monastery





alpgehnuss.ch

Impression

praying flags



alpgehnuss
stobepun

Kyi Chu / Lhasa river



Yamdruk Yumtso



Gyantse

Pelkhor Choede / Kumbum



alpgehnuss.ch
91086pvn22.ch

Gyantse (Passage to Gangtok, India)

Dzong / Fortress



Impression

plouphing by oxen



Impression

residential building architecture



Shigatse

Tashilhunpo monastery

Himalayas.ch

Shigatse

Tashilhunpo monastery

Himalayas.ch

Shigatse

Tashilhunpo monastery

Hofmann.ch

Shigatse

Tashilhunpo monastery



Faces of Yarlung Tsangpo (Brahmaputra)



agro-pastoralist temporary settlement



agro-pastoralist permanent settlement



Impression

inner nomad tent



Impression



'green fuel'



alpgehnuss.ch

Impression

goat with baby



Impression

herding dogs

alpgehnuss.ch

Lang Tso

alpgehnuss.ch
91b86p0022.cu

Shelkar / New Tingri

Dzong / Fortress



Shelkar / New Tingri

Chode monastery



Shelkar / New Tingri



Chode monastery





Shelkar / New Tingri

prayer mills

A photograph of a Tibetan monastery complex nestled in a valley. The monastery features traditional white walls and dark roofs, with several stupas and prayer flags visible. A thick plume of white smoke or steam rises from the roofs, suggesting a fire or a ritual. The background shows a vast, green valley under a clear sky. A watermark 'alpgehnuss.ch' is visible in the upper left.

alpgehnuss.ch

Shelkar / New Tingri

1. 珠峰大本营 101km
2. 马卡鲁峰 km
3. 洛子峰 km
4. 嘎玛沟大本营 km

- WAY TO
1. Mteverest basecamp 101km
 2. Makalu km
 3. Lhotse km
 4. Karma valley km



珠穆朗玛峰国家级自然保护区
Qomolangma National Nature Preserve

ཇོ་མོ་གླང་མ།

珠穆朗玛峰

Mt. QOMOLANGMA

(EG318 — 80KM. 海拔8844.43M)

...near Shelkar / New Tingri

alpgehnuss.ch
9166600022'CH

Pang La 5206m

Kumbu Himal



alpgehnuss.ch
916660007222

Kumbu Himal

Makalu 8485m, Qomolangma 8848m

alpgehnuss.ch
9106644444

Kumbu Himal

Gyachung Kang 7952m

alpgehnuss.ch
gibtsunnenalp

Kumbu Himal

Cho Oyu 8188m



Impression

dung drying

alpgehnuss.ch

...near Peruche / Pedruk

road to the Qomolangma



Rongbuk 4980m

monastery



alpgehnuss.ch

alpgehnuss.ch

Bos mutus

Yak

alpgehnuss.ch

Qomolangma north base camp 5150m
(Mount Everest base camp)



Qomolangma 8848m

north face

alpgehnuss.ch
91685111122°C

Qomolangma 8848m

Zhagga Qu (River)



alpgehnuss.ch
gib86

Tingri

street life



alpgehnuss.ch





also
gr

alpgehnurss.ch

Impression

laundry day





Tingri, Kumbu Himal

Cho Oyu 8188m



alpgehnuss.ch

Thong La 5153m, Langtang Himal

Pemthang Karpo Ri 6830m, Nyanang Ri 7119m, Punga Ri 7486m, Phola Gangchen 7703m, Shisha Pangma 8027m, Yebikangai Ri 7365m, Porong Ri 7292m

alpgehnuss.ch
alpgehnuss.ch

...near **Nyalam** (Friendship Highway to Dhulikhel, Nepal)

alpgehnuss.ch
9166644444:cp

Lalung La 5050m

alpgehnuss.ch
9168600022.ch



...near Pelkhu Tso

Shisha Pangma 8027m, Porong Ri 7292m



alpgehnuss.ch

...near Pelkhu Tso and Dzongka

(Passage to Kathmandu, Nepal)



alpgehnuss.ch

Langtang Himal

Shisha Pangma 8027m



alpgehnuss.ch

Langtang Himal

Shisha Pangma 8027m



alpgehnuss.ch

Langtang Himal

Shisha Pangma 8027m



Carbon neutral means of transport

alpgehnuss.ch

Herd of semi-nomads

alpgehnuss.ch

Mixed herd of yaks and sheep



alpgehnuss.ch

Young Yarlung Tsangpo (Brahmaputra)





alpgehnuss.ch

...near Kyakyaru / Saga



Impression



landscape

alpgehnuss.ch

...between Drongpa and Payang

(Passage to Lo Mathang, Nepal) **Kanti Himal ~6900m**



Taklakot / Purang (Passage to Simikot, Nepal)

Mabja Zangbo / Karnali

alpgehnuss.ch

Taklakot / Purang

Tsegu So monastery



alpgehnuss.ch

Taklakot / Purang

Tsegu So monastery

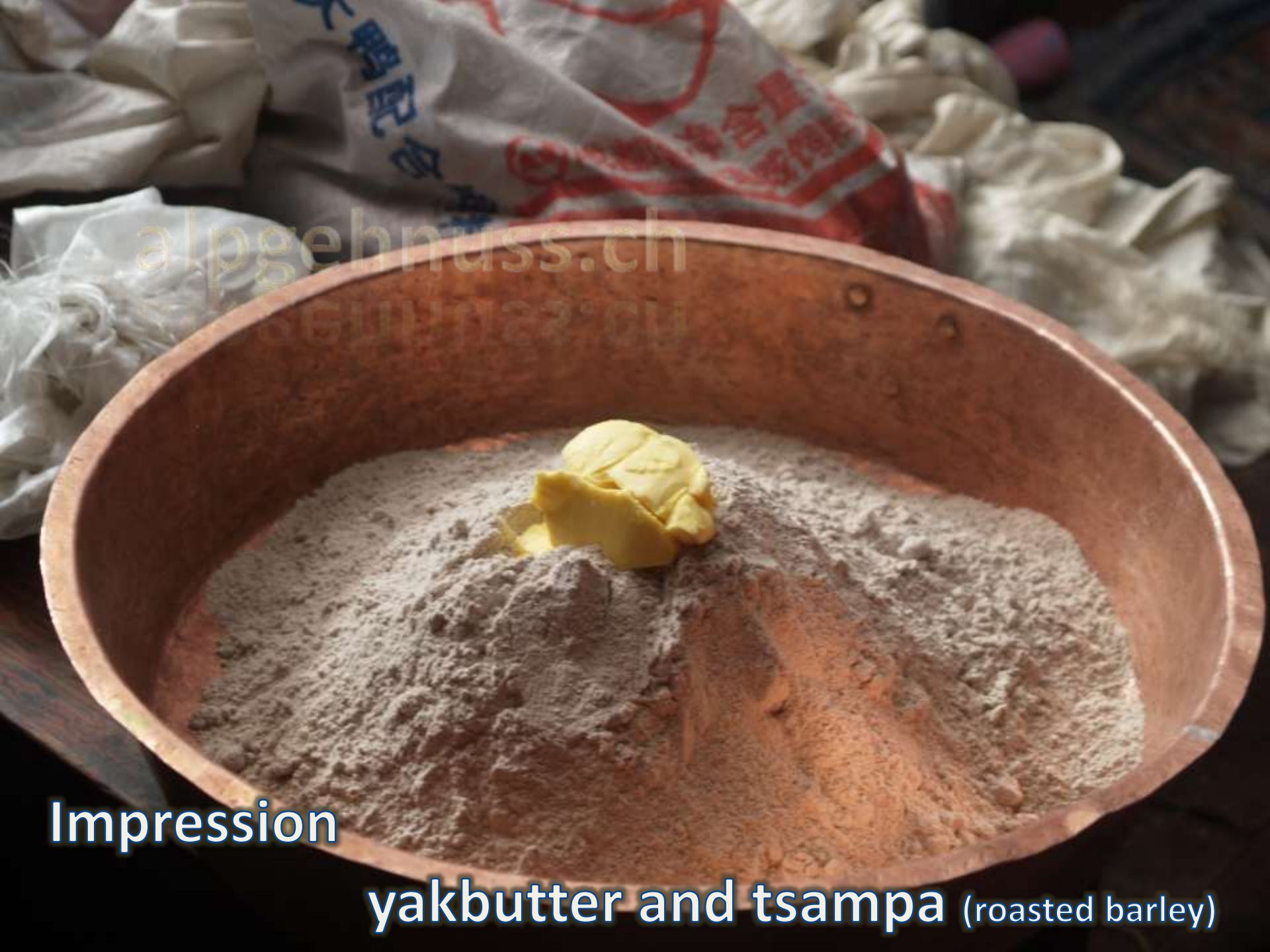


alpgehnuss.ch

gib8671122@cu

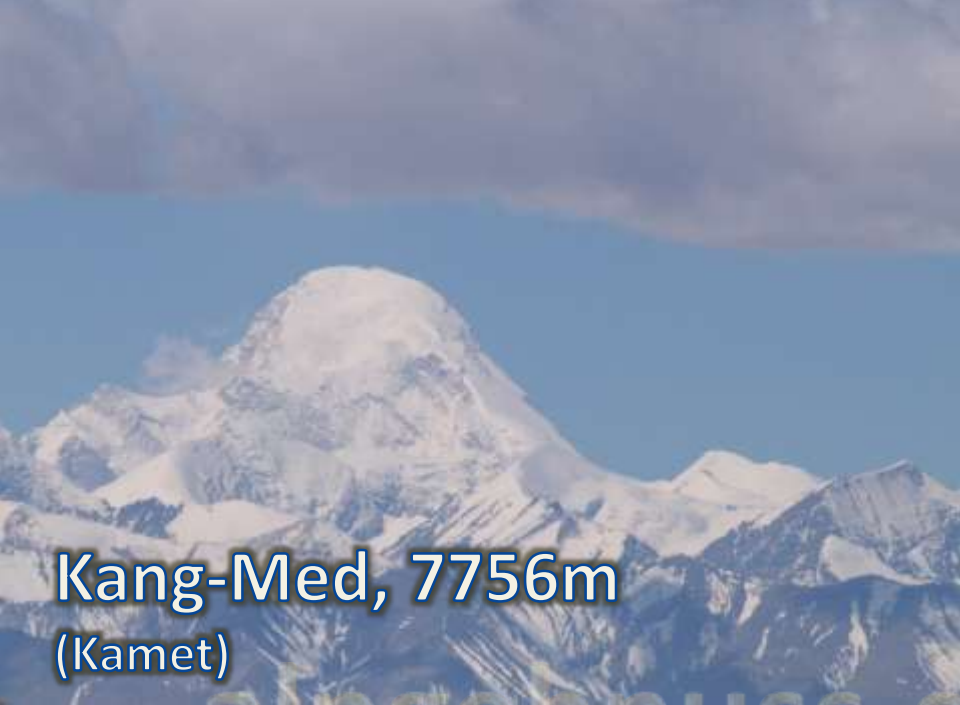
Impression

yakbutter lamps



Impression

yakbutter and tsampa (roasted barley)



Kang-Med, 7756m
(Kamet)



Naimona'nyi, 7694m
(Gurla Mandhata)



Kubi Gangri, 6859m (Kanti Himal)

Gang Rinpoche /
Mount Kailash

Latitude: 30.79851
Longitude: 81.38157
Heading: 21.93358
Alt: 5538100
Altitude: 27636m
Distance: 52010m
FOV: 45.00000
Terrain Elevation: 4718.00 meter

Rakshas Tal

Manasarovar lake

alpgehnuss.ch
gib6cpun22'cp

Manasarovar lake

alpgehnuss.ch

alpgehnuss.ch

Manasarovar lake





Raksas Tal

Naimona'nyi / Gurla Mandhata 7694 m



分店
拉萨齐乐藏餐
Lhasa Tea Shop And Guest House
兼营：茶馆 商店 住宿 电话：0897-2991166

Darchen

street life



Darchen

street life



Darchen

teahouse I



alpgehnuss.ch

Darchen

teahouse II



Darchen

Gyandrak monastery



alpgehn.ch

Darchen

Gyandrak monastery



Gang Rinpoche 6638 m, south face
(Mount Kailash)



Gang Rinpoche 6638 m, south face

(Mount Kailash)



alpgehnuss.ch
འཕགས་ལུགས་ཀྱི་འཇམ་དཔལ་ལྷ་སྐུ་

Gang Rinpoche Kora, 52 km

(Mount Kailash tour)

Yam Dwar / Gate of Salvation



w byag tor
(sky burial)

‘aims for the birds’



Gang Rinpoche Kora

Lha Chu valley



Gang Rinpoche Kora

mani stone, prayer flags



Gang Rinpoche Kora
Zhira pug / Dira puk monastery 5080 m



alpgehnuss.ch

Gang Rinpoche Kora

Dira puk monastery 5080 m



Gang Rinpoche Kora

Zhira pug, tent camp 5080 m



alpgehnuess.ch

Gang Rinpoche Kora

Gang Rinpoche 6638 m, north face



alpgehnuss.ch

Gang Rinpoche Kora

Dharama King Norsang 5996, Gang Rinpoche 6638



Gang Rinpoche Kora

Dölma La 5650 m, Gang Rinpoche 6638m



Gang Rinpoche Kora

Dölma La 5650 m



alpgehnuss.ch

Gang Rinpoche Kora
descent to Darchen, Lham Chu valley



Gang Rinpoche Kora

‘supply chain’



alpgehnuss.ch

Manasarovar lake



Chorten



Yak horns



Mani stones



Prayer wheels

Religious symbols



Tirthapuri

Langchan Tsango / Sutlej



Tirthapuri

monastery



alpengass.ch

Tirthapuri

monastery



alpgehnuss.ch

9106H1222°C

Tirthapuri 4310 m

hot springs

alpgehnuss.ch

Gurugyam

monastery



alpgehnuss.ch
9168600022.ch

Langchan Tsangpo / Sutlej

Garuda valley

alpgehnuss.ch

Langchan Tsangpo / Sutlej, Garuda valley



Langchan Tsangpo / Sutlej

Garuda valley

alpgehnuss.ch

91b86p0n22:cu

Zanda / Tholing

chorten



alpgebrüss.ch

Langchan Tsangpo / Sutlej

Garuda valley



alpgehnuss.ch

Zanda / Tholing

geology: quartz-porphyry



Tsaparang

dzong / fortress



alpengnuss.ch

Tsaparang

dzong / fortress

alpgehn.ch

Tsaparang

Mandala temple





Tsaparang

Langchan Tsangpo, Garuda valley



alpgehnuss.ch

Gar valley

Gar Tsangpo / Gartang (by physical geography = Indus River)



alpgehnuss.ch

...near Sengge Khabab/Shiquanhe/Ngari/Gar
(Passage to Leh, India)



alpgehnuss.ch

Sengge Zangbo/Sengge Khabab/Shiquan He

(by tradition = Indus River))



Means of transport with carbon footprint



Zhungba

(on the road G317)

guesthouse



Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)



Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)



Zhangqiu Jei

(on the road G317)

Mid-Autumn Festival (Mooncake F.)



Zhangqiu Ji

(on the road G317)

Mid-Autumn Festival (Mooncake F.)



Jangtang Plateau
(on the road G317)



Gertse / Luma Ringbo
(on the road G317)

alpgehnuss.ch



on the road G317

checkpoint





alpgehnuss.ch

...near Gertse / Luma Ringbo

(on the road G317)

Tong Tso, 4440 m



alpgehnuss.ch

subb66@163.com

...near Mendong / Tsochen / Coqen

(on the road G216)

Yutra Tsangpo, camp



alpgehnuss.ch

Mendong / Tsochen / Coqen

(on the road G216)

Yutra Tsangpo

A photograph of a high-altitude landscape, likely in the Himalayas. The foreground shows several mounds of dark brown earth, partially covered with snow. In the middle ground, there is a structure made of colorful prayer flags (blue, yellow, red, green, white) and a tall pole. The background features snow-covered mountains under a cloudy sky. The text 'alpgehnuss.ch' and '9166600022.ch' is overlaid in the upper left.

alpgehnuss.ch
9166600022.ch

on the road G216

Semo La / Sangmu La, 5566 m



alpgehnuss.ch

Dagejia Pohutu
(on the road G216)

Geyser

alpgehnuss.ch
91086

Dagejia Pohutu
(on the road G216)

Geyser



alpgehnuss.ch

